

# IWF-MASTERS

“Men 400 Club”

January 1995 - Oktober 2013

10. Oktober 2013

| Pos. | Name                    | Land | Geb  | Age | Bwt<br>(kg) | Total<br>(kg) | Meet | Points<br>(S/MM) |
|------|-------------------------|------|------|-----|-------------|---------------|------|------------------|
| 1    | Saitl, Karel            | CZE  | 1924 | 82  | 66,15       | 119           | W 06 | 494,30           |
| 2    | Santana, Juan           | PUR  | 1920 | 83  | 79,80       | 127           | W 03 | 486,75           |
| 3    | Huszká, Mihály          | HUN  | 1933 | 80  | 92,00       | 156           | W 13 | 479,46           |
| 4    | Herderson, Charlie      | AUS  | 1922 | 80  | 59,40       | 120           | W 02 | 471,06           |
| 5    | Kouznetsov, Viktor      | RUS  | 1930 | 70  | 73,50       | 195           | E 00 | 468,98           |
| 6    | Perron, Marcel          | CAN  | 1933 | 80  | 76,73       | 139           | W 13 | 468,12           |
| 7    | Mc Connell, Laurence    | IRL  | 1945 | 68  | 91,45       | 224           | E 13 | 460,88           |
| 8    | Rack, Viktor            | GER  | 1940 | 70  | 84,40       | 199           | E 10 | 459,76           |
| 9    | Chevier, Emery          | CAN  | 1936 | 72  | 82,03       | 183           | W 08 | 453,88           |
| 10   | Serrano, Pedro          | PUR  | 1931 | 73  | 61,50       | 150           | P 04 | 448,13           |
| 11   | Kulikov, Egor           | RUS  | 1941 | 70  | 60,50       | 158           | E 11 | 446,70           |
| 12   | Möse, Günter            | GER  | 1936 | 72  | 92,79       | 191           | E 08 | 446,41           |
| 13   | Bretagne, Jean-Jaques   | FRA  | 1928 | 82  | 61,40       | 102           | E 10 | 445,50           |
| 14   | Mrosack, Werner         | GER  | 1913 | 83  | 75,60       | 115           | E 96 | 444,17           |
| 15   | Ramos, Don              | USA  | 1933 | 75  | 92,02       | 173           | P 08 | 442,15           |
| 16   | Jacobsson, Stefan       | SWE  | 1947 | 59  | 93,40       | 263           | E 06 | 441,87           |
| 17   | Deni, Bill              | USA  | 1927 | 79  | 74,41       | 138           | W 06 | 440,30           |
| 18   | Takeuchi, Dan           | USA  | 1930 | 77  | 74,07       | 152           | P 07 | 437,97           |
| 19   | Areshka, Dzmitry        | BLR  | 1971 | 42  | 102,87      | 342           | W 13 | 435,99           |
| 20   | Linkowski, Marian       | POL  | 1934 | 78  | 76,45       | 146           | W 12 | 433,47           |
| 21   | Lukac, Rudolf           | SVK  | 1969 | 36  | 75,90       | 315           | E 05 | 432,56           |
| 22   | Bazyuchenko, Petro      | UKR  | 1930 | 77  | 84,30       | 161           | E 07 | 431,69           |
| 23   | Popilka, Vaclav         | CZE  | 1929 | 83  | 68,75       | 101           | W 12 | 428,94           |
| 24   | Kaplan, Teddy           | ISR  | 1935 | 70  | 68,50       | 165           | E 05 | 428,79           |
| 25   | Sarkisian, Yourik       | AUS  | 1962 | 40  | 61,35       | 260           | W 02 | 427,70           |
| 26   | Suschak, Vladimir       | RUS  | 1972 | 38  | 132,60      | 374           | E 10 | 426,84           |
| 27   | Katsuragawa, Kozo       | JPN  | 1938 | 75  | 68,39       | 147           | W 13 | 426,01           |
| 28   | Starega, Roman          | POL  | 1941 | 70  | 66,45       | 160           | E 11 | 424,08           |
| 29   | Kurnev, Aleksander      | RUS  | 1947 | 66  | 76,10       | 200           | W 13 | 423,68           |
| 30   | Visshniakov, Viktor     | RUS  | 1938 | 74  | 87,05       | 170           | W 12 | 422,96           |
| 31   | Pitsis, Christopher     | GRE  | 1931 | 79  | 58,60       | 113           | W 10 | 422,93           |
| 32   | Jurkevich, Gennadiy     | RUS  | 1970 | 42  | 81,35       | 299           | W 12 | 421,59           |
| 33   | Peter, Rolf             | GER  | 1938 | 73  | 82,85       | 167           | E 11 | 420,43           |
| 34   | Bombaci, Maurizio       | ITA  | 1975 | 38  | 68,70       | 280           | W 13 | 420,41           |
| 35   | Rovatti, Andrea         | ITA  | 1969 | 42  | 116,60      | 343           | W 11 | 419,46           |
| 36   | Strange, Bob            | USA  | 1936 | 75  | 91,45       | 170           | W 11 | 419,25           |
| 37   | Matzku, Jürgen          | AUT  | 1966 | 44  | 93,20       | 309           | E 10 | 417,46           |
| 38   | Younger, Vlad           | AUS  | 1912 | 87  | 61,55       | 82            | W 99 | 416,42           |
| 39   | Epshteyn, Lev           | USA  | 1933 | 80  | 63,82       | 110           | P 13 | 416,05           |
| 40   | Toper, Mykhailo         | UKR  | 1939 | 67  | 68,50       | 180           | E 06 | 415,98           |
| 41   | Kozemov, Albert         | RUS  | 1932 | 73  | 76,06       | 158           | W 05 | 415,42           |
| 42   | Tovbulatov, Sergei      | KAZ  | 1957 | 40  | 66,65       | 272           | W 97 | 415,40           |
| 43   | Morgan, David           | GBR  | 1964 | 41  | 83,30       | 302           | W 05 | 415,14           |
| 44   | Greeblatt, Richard      | USA  | 1929 | 82  | 73,80       | 107           | W 11 | 414,89           |
| 45   | Martynyuk, Vasyli       | UKR  | 1969 | 42  | 103,00      | 326           | W 11 | 414,56           |
| 46   | Kuznetsov, Pavel        | RUS  | 1961 | 36  | 97,40       | 357           | E 97 | 414,08           |
| 47   | Sigurdson, Gudmundur    | ISL  | 1946 | 60  | 97,53       | 246           | W 06 | 413,89           |
| 48   | Kulikovski, Pavel       | BLR  | 1945 | 68  | 85,69       | 195           | W 13 | 413,61           |
| 49   | Medvedev, Yuri          | RUS  | 1938 | 73  | 70,55       | 150           | W 11 | 413,22           |
| 50   | Nikitin, Artur          | RUS  | 1970 | 39  | 104,80      | 336           | E 09 | 412,58           |
| 51   | Sadowski, Wolfgang      | GER  | 1937 | 75  | 91,60       | 167           | E 12 | 411,56           |
| 52   | Skeete, Harrison        | USA  | 1921 | 81  | 86,80       | 125           | P 02 | 411,12           |
| 53   | Radschinski, Karl-Heinz | GER  | 1953 | 53  | 77,00       | 254           | E 06 | 410,82           |

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|------|-----------------------------|------|------|-----|-------------|---------------|------|------------------|
| 54   | Prohl, Karel                | CZE  | 1947 | 61  | 57,84       | 176           | W 08 | 410,63           |
| 55   | Trabousi, M.                | LIB  | 1950 | 46  | 83,00       | 295           | W 96 | 409,65           |
| 56   | Negwer, Günter              | GER  | 1930 | 68  | 60,70       | 157           | E 98 | 409,10           |
| 57   | Haatanen, Yrjö              | FIN  | 1933 | 71  | 59,98       | 140           | W 04 | 409,08           |
| 58   | Kazmirski, Wlodzimierz      | POL  | 1942 | 62  | 75,20       | 210           | E 04 | 409,05           |
| 59   | Mayer, Andreas              | GER  | 1967 | 37  | 93,12       | 332           | W 04 | 408,93           |
| 60   | Imahara, Walter             | USA  | 1937 | 60  | 64,00       | 195           | W 97 | 408,77           |
| 61   | Tisimerbayeu, Albert        | BLR  | 1964 | 40  | 77,05       | 292           | E 04 | 408,71           |
| 62   | Steiner, Friedrich          | AUT  | 1939 | 63  | 82,50       | 217           | W 02 | 408,05           |
| 63   | Goegebuer, Tom              | BEL  | 1975 | 36  | 61,95       | 261           | E 11 | 408,00           |
| 64   | Zyczkowski, Ryszard         | POL  | 1957 | 38  | 75,45       | 300           | E 95 | 407,89           |
| 65   | Mühlbauer, Max              | GER  | 1946 | 60  | 68,60       | 201           | E 06 | 407,37           |
| 66   | Mykhaylo, Hal               | UKR  | 1971 | 41  | 104,50      | 325           | E 12 | 407,28           |
| 67   | Türk, Richard               | AUT  | 1927 | 70  | 100,70      | 200           | W 97 | 406,95           |
| 68   | Lierena, Walter             | ECU  | 1970 | 38  | 82,92       | 316           | P 08 | 406,94           |
| 69   | Zhilyayen, Vladimir         | AZE  | 1948 | 65  | 84,89       | 208           | W 13 | 406,92           |
| 70   | Zhyhalka, Eduard            | BLR  | 1934 | 71  | 71,20       | 155           | E 05 | 406,91           |
| 71   | Wälzer, Libor               | CZE  | 1975 | 36  | 104,90      | 343           | E 11 | 406,81           |
| 72   | Polom, Roman                | CZE  | 1966 | 38  | 107,90      | 345           | W 04 | 406,76           |
| 73   | Kowalewski, Piotr           | POL  | 1942 | 71  | 76,04       | 160           | W 13 | 406,27           |
| 74   | Ochsner, Leonhard           | GER  | 1939 | 73  | 84,75       | 163           | W 12 | 405,75           |
| 75   | Kazadov, Mikhail            | RUS  | 1936 | 71  | 68,75       | 151           | E 07 | 405,45           |
| 76   | Amirkhhanov, Mirzam         | RUS  | 1954 | 42  | 75,00       | 285           | E 96 | 404,83           |
| 77   | Szepessy, Laszlo            | HUN  | 1943 | 70  | 91,10       | 181           | E 13 | 404,66           |
| 78   | Hadlow, Terry               | CAN  | 1957 | 56  | 81,91       | 240           | P 13 | 404,49           |
| 79   | Suvar, Salih                | TUR  | 1949 | 64  | 76,00       | 198           | E 13 | 403,93           |
| 80   | Mannironi, Sergio           | ITA  | 1967 | 41  | 76,41       | 280           | E 08 | 403,52           |
| 81   | Lobanov, Vaolery            | UKR  | 1942 | 63  | 89,54       | 220           | W 05 | 403,14           |
| 82   | Sorokine, Alexander         | RUS  | 1962 | 36  | 76,00       | 305           | E 98 | 403,01           |
| 83   | Chavigny, Roland            | FRA  | 1950 | 62  | 76,50       | 205           | E 12 | 402,77           |
| 84   | Golovbev, Ruslan            | RUS  | 1963 | 37  | 84,01       | 320           | E 00 | 402,21           |
| 85   | Bogonolov, V.               | RUS  | 1939 | 59  | 83,80       | 237           | E 98 | 402,20           |
| 86   | Lowe, Frederick             | USA  | 1947 | 64  | 62,00       | 174           | W 11 | 402,15           |
| 87   | Valatabar, Seyed Kalameddin | IRI  | 1965 | 43  | 103,30      | 315           | W 08 | 402,08           |
| 88   | Kazmierz, Koza              | POL  | 1964 | 37  | 82,00       | 307           | E 01 | 401,91           |
| 89   | Bravanov, Andrey            | RUS  | 1963 | 49  | 67,55       | 240           | W 12 | 401,77           |
| 90   | Marineau, Guy               | CAN  | 1965 | 46  | 93,75       | 292           | W 11 | 401,48           |
| 91   | Panjau, Kazem               | GBR  | 1966 | 39  | 72,92       | 276           | W 05 | 401,16           |
| 92   | Matazinskas, Romas          | LTU  | 1944 | 60  | 72,20       | 207           | E 04 | 400,66           |
| 93   | Motoyama, Yasou             | JAP  | 1941 | 70  | 61,90       | 144           | W 11 | 400,53           |
| 94   | Tomchenko, Igor             | UKR  | 1970 | 42  | 128,30      | 335           | W 12 | 400,38           |
| 95   | Grönman, Jouni              | FIN  | 1962 | 45  | 68,90       | 250           | E 07 | 400,11           |

1995 hat das International Weightlifting Federation – Masters Committee den [Club “400”](#) nach “Sinclair / Malone-Meltzer“ (SMM) geschaffen. Seit dieser Zeit haben bereits **95 Masters-Gewichtheber 400** oder mehr Punkte in der Welt, die Aufnahme in den Club geschafft.

(W) = Welt-Masters    (E) = Europa-Masters    (P) = Pan American

# IWF-MASTERS

“Women 200 Club”

January 1999 - Oktober 2013

10. Oktober 2013

| Pos. | Name                          | Land | Geb. | Age | Bwt<br>(kg) | Total<br>(kg) | Meet | Points<br>(S/MM) |
|------|-------------------------------|------|------|-----|-------------|---------------|------|------------------|
| 1    | Pantilat, Ita                 | USA  | 1951 | 62  | 56,20       | 120           | P 13 | 269,97           |
| 2    | Perdomo, Esmeralda            | VEN  | 1969 | 44  | 51,55       | 143           | W 13 | 260,99           |
| 3    | Magomedova, Nina              | RUS  | 1969 | 44  | 52,27       | 138           | W 13 | 249,03           |
| 4    | Madrigal Cisnero, Marianita   | DOM  | 1975 | 38  | 78,00       | 182           | P 13 | 237,70           |
| 5    | Ramsay-Overrall, Laura Denise | TRI  | 1965 | 44  | 73,13       | 178           | W 09 | 237,56           |
| 6    | Campell, Annette              | GBR  | 1964 | 43  | 63,00       | 175           | E 04 | 237,46           |
| 7    | Dandenault, Susanne           | CAN  | 1972 | 35  | 117,22      | 220           | W 05 | 235,84           |
| 8    | Takacs, Maria                 | HUN  | 1966 | 47  | 91,74       | 177           | W 13 | 235,51           |
| 9    | Dimas, Eva                    | ESA  | 1973 | 35  | 86,71       | 213           | W 08 | 234,63           |
| 10   | Arechaederra, Sandra          | USA  | 1967 | 46  | 50,63       | 121           | P 13 | 228,71           |
| 11   | Galvin, Christine             | USA  | 1962 | 51  | 57,24       | 128           | P 13 | 228,37           |
| 12   | Janet, Jacqueline             | USA  | 1963 | 50  | 64,71       | 139           | P 13 | 225,61           |
| 13   | Poulin-CYR, Manon             | CAN  | 1663 | 50  | 47,44       | 109           | P 13 | 224,41           |
| 14   | Jørgensen, Marga              | DEN  | 1955 | 58  | 52,15       | 100           | E 13 | 221,44           |
| 15   | Maizels, Patricia             | USA  | 1977 | 36  | 67,60       | 160           | P 13 | 220,96           |
| 16   | Stumbo, Jodi                  | USA  | 1966 | 47  | 72,63       | 149           | P 13 | 220,94           |
| 17   | Groves, Deborah               | AUS  | 1970 | 39  | 47,98       | 128           | W 09 | 220,01           |
| 18   | Knourek, Melissa              | USA  | 1978 | 35  | 56,11       | 142           | P 13 | 219,65           |
| 19   | Troudet, Annabelle            | FRA  | 1974 | 39  | 55,47       | 134           | W 13 | 219,43           |
| 20   | Samuelsson, Susanna           | FIN  | 1973 | 40  | 74,55       | 160           | E 13 | 218,33           |
| 21   | Kovzun, Lidiya                | RUS  | 1975 | 36  | 66,70       | 167           | W 11 | 218,00           |
| 22   | Allison, Haether              | GBR  | 1956 | 44  | 73,50       | 195           | E 00 | 217,36           |
| 23   | Triff-Árkosi, Anikó           | HUN  | 1962 | 39  | 73,25       | 177           | W 07 | 216,90           |
| 24   | Alves Conan, Claire           | FRA  | 1972 | 41  | 62,85       | 142           | W 13 | 216,79           |
| 25   | Oliva, Samuela                | ITA  | 1977 | 36  | 41,45       | 106           | E 13 | 216,64           |
| 26   | Altenor, Dyana                | GBR  | 1965 | 48  | 52,40       | 116           | E 13 | 216,50           |
| 27   | Gamondes, Cendrine            | FRA  | 1976 | 37  | 52,76       | 130           | W 13 | 216,49           |
| 28   | Van Der Stoep, Yvonne         | NED  | 1960 | 40  | 78,80       | 152           | W 00 | 216,35           |
| 29   | Boudreau, Carrie              | USA  | 1967 | 35  | 75,60       | 115           | P 02 | 216,01           |
| 30   | McMannus, Joanne              | GBR  | 1966 | 47  | 52,16       | 116           | W 13 | 215,71           |
| 31   | Creton, Sandy                 | FRA  | 1976 | 36  | 62,05       | 158           | W 12 | 215,59           |
| 32   | LOY, Diana                    | AUS  | 1965 | 44  | 57,66       | 138           | W 9  | 215,41           |
| 33   | Jorge, Marina                 | BRA  | 1957 | 42  | 51,90       | 135           | P 99 | 215,03           |
| 34   | Renschen, Lisa                | USA  | 1965 | 46  | 47,75       | 116           | P 11 | 214,83           |
| 35   | Funk, Kara                    | USA  | 1971 | 42  | 56,48       | 129           | P 13 | 214,49           |
| 36   | Quintero, Miryam              | VEN  | 1975 | 38  | 69,70       | 153           | P 13 | 212,42           |
| 37   | Bochert, Katrin               | GER  | 1970 | 41  | 54,70       | 135           | E 11 | 212,42           |
| 38   | Friday, Fawn                  | USA  | 1972 | 41  | 57,43       | 130           | P 13 | 211,46           |
| 39   | Hightower, Marilyn            | USA  | 1963 | 40  | 71,93       | 170           | W 03 | 210,99           |
| 40   | Fitzgerald, Carrie            | USA  | 1977 | 36  | 62,38       | 145           | P 13 | 210,85           |
| 41   | L. Maizels, Patricia          | USA  | 1977 | 35  | 67,05       | 163           | W 12 | 209,21           |
| 42   | Takacs, Erika                 | HUN  | 1969 | 44  | 103,59      | 168           | W 13 | 208,86           |
| 43   | Perrone, Susana Mariela       | ITA  | 1964 | 49  | 73,90       | 140           | E 13 | 208,50           |
| 44   | Pattison, Beverley            | GBR  | 1962 | 51  | 51,26       | 107           | E 13 | 208,14           |
| 45   | Flamion, Laura                | USA  | 1976 | 37  | 52,29       | 124           | P 13 | 208,00           |
| 46   | Seward, Andrea                | USA  | 1972 | 41  | 57,09       | 127           | W 13 | 207,49           |
| 47   | Christoforidi, Maria          | GRE  | 1964 | 47  | 57,55       | 126           | W 11 | 207,43           |
| 48   | Fortunate, Carey              | USA  | 1975 | 38  | 47,76       | 113           | P 13 | 207,07           |
| 49   | Chiryukina, Irina             | RUS  | 1963 | 38  | 50,00       | 140           | W 01 | 206,89           |
| 50   | Nelson, Kathy                 | USA  | 1978 | 35  | 52,07       | 126           | P 13 | 206,68           |
| 51   | Quinell, Coral                | AUS  | 1957 | 56  | 56,53       | 104           | W 13 | 206,53           |
| 52   | Lehman, Anne                  | USA  | 1960 | 47  | 52,74       | 126           | A 07 | 205,43           |
| 53   | Orsagova, Marie               | CZE  | 1956 | 55  | 74,10       | 134           | E 11 | 205,43           |
| 54   | Miyata, Yoko                  | JPN  | 1970 | 43  | 47,45       | 106           | W 13 | 205,37           |
| 55   | Grotenhuis, Corinne           | USA  | 1965 | 46  | 57,85       | 129           | P 11 | 204,97           |

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|------|----------------------------|------|------|-----|-------------|---------------|------|------------------|
| 56   | Vyshnytska, Nataliya       | UKR  | 1977 | 36  | 52,50       | 124           | E 13 | 204,88           |
| 57   | Maneiro, Nancy             | VEN  | 1971 | 35  | 52,00       | 141           | P 06 | 204,88           |
| 58   | Mabit, Sandrine            | FRA  | 1969 | 41  | 48,60       | 118           | E 10 | 204,48           |
| 59   | Foley, Julie               | USA  | 1962 | 51  | 55,28       | 111           | P 13 | 203,31           |
| 60   | Conan, Claire              | FRA  | 1972 | 39  | 62,10       | 144           | E 11 | 203,25           |
| 61   | Küttler, Susanne           | GER  | 1966 | 45  | 66,45       | 141           | W 11 | 202,79           |
| 62   | Martinez Cuetos, Nekane    | ESP  | 1970 | 41  | 66,70       | 147           | E 11 | 202,48           |
| 63   | Guerrero, Rosuela          | DOM  | 1965 | 40  | 63,78       | 152           | P 05 | 202,18           |
| 64   | Ruiz Obando, Maria Lourdes | NCA  | 1965 | 44  | 74,90       | 158           | P 09 | 201,66           |
| 65   | Ollenunking, Amorkor       | USA  | 1962 | 38  | 74,95       | 202           | W 00 | 201,29           |
| 66   | Macken, Mary               | AUS  | 1961 | 50  | 47,50       | 105           | W 11 | 201,19           |
| 67   | Jepsen, Mette Brynjolf     | DEN  | 1970 | 37  | 61,90       | 153           | E 07 | 200,72           |
| 68   | Lagoa Almeida, Maria       | POR  | 1974 | 38  | 51,36       | 125           | W 12 | 200,60           |
| 69   | Pardue, Ruth               | USA  | 1978 | 35  | 74,85       | 156           | W 13 | 200,45           |
| 70   | Hackett, Patricia          | USA  | 1948 | 65  | 61,85       | 91            | W 13 | 200,31           |

1999 hat das International Weightlifting Federation – Masters Committee den **Club “200”** für Women nach “Sinclair / Malone-Meltzer“ (SMM) geschaffen. Seit dieser Zeit haben bereits **70 Masterinnen** 200 oder mehr Punkte in der Welt, die Aufnahme in den Club geschafft.

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